

## **METHOD AND COMPOSITION WITH CONJUGATED LINOLEIC ACID ESTERS**

### **BACKGROUND OF THE INVENTION**

This application claims the benefit of provisional application U.S. Application Serial No. 60/428,899, filed November 26, 2003, the entire contents of which are incorporated herein by reference.

#### Field of the Invention

The present invention relates to compositions and methods of use relating to esters containing at least one conjugated linoleic acid, particularly, esters containing at least one conjugated linoleic acid selected from the group consisting of 10,12-octadecadienoic acid and 9,11-octadecadienoic acid. More particularly, the present invention relates to compositions and methods of using a lipid containing at least one conjugated linoleic acid, particularly, a lipid containing at least one conjugated linoleic acid selected from the group consisting of 10,12-octadecadienoic acid and 9,11-octadecadienoic acid, to stimulate arachidonic acid release and subsequent enhancement of prostacyclin formation in cells such as endothelial cells and of thromboxane formation in cells such as platelets.

#### Description of the Related Art

Conjugated linoleic acids (CLAs) (notably 9,11- and 10,12-octadecadienoic acids or, more simply, 9,11-18:2 or 10,12-18:2) are isomers of linoleic acid (9,12-linoleic acid). The terms "conjugated linoleic acids" and "CLA" are used interchangeably and in a generalized sense to refer to positional and geometrical isomers of linoleic acid that have a set of conjugated double bonds, rather than non-

conjugated double bonds. The conjugated linoleic acids have possible cis (Z) and trans (E) configurations at the double bonds

Conjugated linoleic acids have been found predominantly in meat and dairy products (Chin 1992; Shanta 1992). CLA content is highest in ruminant meats. For example, lamb contains 6 mg of CLAs per gram of fat with smaller amounts being found in poultry and eggs. Dairy products also contain considerable amounts of CLAs. For example, homogenized milk has about 5.5 mg/g of fat.

In the past few years, conjugated linoleic acids have generated considerable interest in cancer and cardiovascular research. A variety of reports have appeared indicating that CLAs may be effective in inhibiting the initiation and/or post-initiation phases of carcinogenesis in several experimental animal models (Ip 1991; Ip 1992; Belury 1995)). CLAs have also been reported as decreasing the incidence of chemically induced skin and forestomach cancers in mice and mammary tumors in rats. Other findings indicate that CLAs have reduced in vitro cell growth when added to malignant melanoma cells, colorectal cancer cells and human breast cancer cells.

As far as the effects of conjugated linoleic acids on cardiovascular disease are concerned, Kritchevsky and co-workers have reported the suppression of atherosclerosis in rabbits (Lee 1994). Thus, when rabbits were fed an atherogenic diet containing CLA, a decrease in total plasma- and LDL cholesterol levels was observed. In another study, Nicolosi found that addition of CLA to the diet of hamsters reduced LDL cholesterol levels and aortic atherosclerosis (Nicolosi 1997).

In U.S. patent No. 6,077,525 to Vanderhoek, incorporated herein by reference, it was reported that conjugated linoleic acids inhibit platelet aggregation and formation of thromboxane B<sub>2</sub> (TXB<sub>2</sub>), a prostanoid.

Prostanoids are members of the eicosanoid family of metabolites formed from arachidonic acid (AA). Eicosanoids are produced by most mammalian cell types and are potent cellular regulators that function as local mediators since they act at or near the location at which they are synthesized (see, for example, Smith 1996). The two major, hemostatically important, AA metabolites are prostacyclin ( $\text{PGI}_2$ ), produced by large vessel endothelium, and  $\text{TXA}_2$ , formed by platelets (see for example, Smith 1996). The release of  $\text{PGI}_2$  into the bloodstream affects the functions of platelets as well as leukocytes.  $\text{PGI}_2$  prevents neutrophil aggregation and chemotaxis and inhibits platelet activation and secretion by raising the platelet cAMP levels (Weksler 1985). In view of its antiaggregatory and vasodilatory activities,  $\text{PGI}_2$  is generally considered an antithrombogenic mediator (Weksler 1985) and counteracts the prothrombogenic effects of  $\text{TXA}_2$ , the major AA metabolite produced by platelets, which is a potent aggregatory and vasoconstrictive agent.

In U.S. Patent No. 6,077,525, it was reported that conjugated linoleic acids, notably 9,11-18:2 and 10,12-18:2, and hydroxy derivatives thereof, selectively inhibit the conversion of arachidonic acid into thromboxane/prostanoids. As a consequence, the patent disclosed the use of CLAs to inhibit platelet thromboxane formation or platelet aggregation. Further studies have shown that several CLA isomers also inhibited prostacyclin ( $\text{PGI}_2$ ) production in human umbilical vein endothelial cells (HUVECs). All of these studies relate to the use of conjugated linoleic acids in the free fatty acid form.

## SUMMARY OF THE INVENTION

The present invention is based, at least in part, on the finding that prelabeling platelets with 9Z, 11Z-CLA leads to a 2-5-fold enhancement of endogenous platelet release of arachidonic acid (AA) and a 2-4-fold increase in the formation of the platelet eicosanoid thromboxane B<sub>2</sub> (TXB<sub>2</sub>). Prelabeling IL-1 $\beta$  treated- human umbilical vein endothelial cells (HUVECs) with either 9Z,11Z-or 10E,12Z-CLA isomers resulted in an 8- and 3-fold (respectively) stimulation of PGI<sub>2</sub> production (as measured by formation of 6-ketoPGF<sub>1 $\alpha$</sub> , its inactive, stable metabolite) from endogenous AA. These results are quite intriguing in that the CLA effects on AA metabolism in HUVECs and platelets appear to depend on how CLA is presented to cells, i.e whether as free fatty acid or as an esterified fatty acid. (Prelabeling platelets with CLA results in the incorporation (by esterification) of CLA into the lipid components of these cells, similar to that observed when cells are treated with other fatty acids, see, for example, Spector 1980. It may be expected that the same result may be obtained with prelabeled HUVECs). Furthermore, the ability of such a CLA preparation to stimulate prostacyclin formation would suggest an unexpected antithrombogenic role.

The above-noted selective action of CLAs esterified in lipid form on the release of AA and its conversion to prostanoids acid indicates that the administration of effective amounts of a lipid containing esterified CLA, for example, as an additive to food or in pharmaceutical form, to mammals can provide a useful method for providing antithrombogenic action by stimulating the cyclooxygenase-catalyzed conversion of arachidonic acid to prostacyclins. In a more specific aspect, the invention provides a method for providing antithrombogenic action by

administering an effective amount of a CLA ester, particularly a CLA lipid or mixture thereof to a mammal in need of such action. Other aspects of the invention will be evident from the description that follows.

The above and other objects of the invention will become readily apparent to those of skill in the relevant art from the following detailed description and figures, wherein only the preferred embodiments of the invention are shown and described, simply by way of illustration of the best mode of carrying out the invention. As is readily recognized the invention is capable of modifications within the skill of the relevant art without departing from the spirit and scope of the invention.

#### **BRIEF DESCRIPTION OF THE DRAWINGS**

Figure 1 is a graph showing the comparative effects of 25  $\mu$ M 9Z, 11Z-CLA-, 9E, 11E-CLA-, LA- or SA-treated platelets on platelet TXB<sub>2</sub> production.

Figure 2 is a graph showing the stimulatory effect of different concentrations of 9Z, 11Z-CLA on HUVEC 6-ketoPGF<sub>1 $\alpha$</sub>  production.

#### **DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS**

The present invention relates to use of esters containing conjugated linoleic acids to stimulate 1) release of cellular AA, 2) cellular production of prostacyclin (in cells such as endothelial cells) and 3) formation of thromboxane A<sub>2</sub> (in cells such as platelets or in a subject organism, preferably a mammal).

The conjugated linoleic acids useful herein may include 7,9-octadecadienoic acid, 11, 13-octadecadienoic acid, 9,11-octadecadienoic acid and 10, 12-

octadecadienoic acid, as well as other CLA isomers. The above-named CLA isomers may also be called 7,9-18:2, 9,11-18:2, 10,12-18:2, and 11,13-18:2. The CLAs may be used separately, or in admixture, in either the cis- and/or trans-forms. Most preferred are the 9Z,11Z and the 10E,12Z isomers.

The compound used in the present invention may be any ester of a conjugated linoleic acid, as described above, and is preferably a lipid. Most preferably, the conjugated linoleic acid ester is a phospholipid, such as, for example, phosphatidylcholine, phosphatidylethanolamine, phosphatidylinositol, phosphatidylserine, cardiolipin and sphingomyelin.

Conjugated linoleic acid esters may be obtained from natural sources or by esterifying free conjugated linoleic acids into lipids presented either in cells or in isolated form. For example, conjugated linoleic acids may be provided to a cell culture or cell-free enzyme system capable of forming lipids using the conjugated linoleic acids.

As indicated, the invention contemplates the addition of the conjugated linoleic acid esters to food or as an active component in a pharmaceutical composition of conventional form, e.g. a tablet, capsule or equivalent. The CLA ester may be added to any type of food, e.g. butter or other spreads, bread or the like. When used in pharmaceutical form, the CLA ester may be the only active component or it may be used in combination with one or more other pharmaceutically effective agents.

The amount of CLA ester used to stimulate can be widely varied depending on other factors, e.g. body weight. However, the amount of CLA ester to be administered can be readily determined for any specific situation. Generally,

however, the amount of CLA ester used will be in the range of 0.25 to 0.5 grams as a daily dose per kg of mammal being treated.

The invention is illustrated by the following examples:

#### Example 1

The following example illustrates the effect of CLA incorporation into platelet lipids on stimulating the release of endogenous AA and increasing the formation of TXB<sub>2</sub>. Platelets were prelabeled with either HSA alone or with 25  $\mu$ M 9Z,11Z-CLA/HSA for 1 hour at 37°C. After washing, the platelets were incubated for 15 minutes at room temperature, followed by the removal of the supernatants. The supernatants were then assayed for free AA content and TXB<sub>2</sub> production. As shown in Table 1, in experiment 1, a 5-fold increase in AA release (27  $\mu$ g/ml) and a 2-fold increase in TXB<sub>2</sub> formation (0.36 ng/ml) relative to HSA/platelet controls (release of 5.6  $\mu$ g/ml AA, 0.19 ng/ml TXB<sub>2</sub>). Similar results were observed in two other experiments shown in Table 1. When the results of these three experiments are averaged, platelets treated with 9Z,11Z-CLA stimulated AA release  $414 \pm 155\%$  and enhanced TXB<sub>2</sub> formation  $180 \pm 30\%$ .

<b>Table 1</b> <b>Release of AA and TXB<sub>2</sub> from platelets preesterified with 9Z, 11Z-CLA</b>					
Experiment No.	Treatment	AA (ng/ml platelets)	Control(%)	TXB <sub>2</sub> (ng/ml platelets)	Control(%)
1	HSA	5620	100	0.189	100
	HSA+ZZ	27000	480	0.362	192
2	HSA	311	100	0.156	100
	HSA+ZZ	738	237	0.317	203
3	HSA	4300	100	0.489	100
	HSA+ZZ	21700	505	0.713	146

## Summary

#1-3	HSA+ZZ	414±155 <sup>a</sup>	180±30 <sup>a</sup>
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Human platelets were treated for 1 hour at 37 °C with either HSA alone or complexed with 25 µM of 9Z, 11Z-CLA. After washing, the platelets were maintained at room temperature for 15 minutes, the supernatants were removed and after TLC, assayed for TXB<sub>2</sub> by EIA and free AA by HPLC.

<sup>a</sup> Mean (±S.D.) is statistically different from control, P < 0.07.

## Example 2

To compare the stimulatory effect of 9Z,11Z-CLA on platelet TXB<sub>2</sub> formation with other fatty acids, platelets were pretreated for 1 hour with HSA (control), or HSA complexed with either 9Z,11Z-CLA, 9E,11E-CLA, linoleic acid (LA) or stearic acid (SA). The comparative effects of 25 µM 9Z, 11Z-CLA-, 9E, 11E-CLA-, LA- or SA-treated platelets on platelet TXB<sub>2</sub> production is shown in Figure 1. The values are the mean ± SD.

As shown in Figure 1, only the 9Z, 11Z-CLA-treated platelets stimulate TXB<sub>2</sub> production (4-fold). On the other hand, TXB<sub>2</sub> formation was inhibited (37%) with platelets pretreated with the 9E,11E-CLA isomer whereas platelets treated with either the nonconjugated LA or saturated SA did not show an appreciable effect on TXB<sub>2</sub> formation. These results suggest that the stimulatory effect on platelet TXB formation is quite dependent on the presence of a conjugated double bond moiety but also on the specific isomeric orientation.

## Example 3

Human platelets were treated for 2 hours at 37°C with either HSA complexed with 25 µM of the indicated CLA isomer or with HSA alone. After washing, the platelets were maintained at room temperature for 15 minutes. The supernatants were then removed, the lipid content extracted with chloroform/ methanol and the



residue, after TLC separation, assayed for TXB<sub>2</sub> formation by EIA. The results shown in Table 2 were similar to those obtained with CLA-prelabeled HUVECs. Prelabeling platelets with 25  $\mu$ M 9Z, 11Z-CLA resulted in a 2.3 fold increase in the formation and release of TXB<sub>2</sub> but only a 30 % increase was observed with platelets enriched with the 10, 12 isomer. Also shown in Table 2 is that the CLA content of the platelet lipids increased from 0.03% to 0.23% after platelet treatment with 9Z,11Z-CLA/HSA and to 0.66% after 10E, 12Z-CLA/HSA.

**TABLE 2**  
**CLA-prelabeling of platelets stimulates generation and release of thromboxane B<sub>2</sub> and increases the CLA content of platelet lipids.**

Pretreatment	TXB <sub>2</sub> formation* Fold stimulation	CLA content (% total lipids)**	
		9Z,11Z-	10E, 12Z-
HSA (control)	1	0.03	0.03
+ 25 $\mu$ M 9Z, 11Z-CLA	2.3 $\pm$ 1.0 (4)	0.23	0.03
+ 25 $\mu$ M 10E, 12Z-CLA	1.3 $\pm$ 0.41 (4)	0.03	0.66

\* The values are the mean  $\pm$  SD and were obtained from 4 separate experiments.

\*\* Platelets were treated for 2 hours as indicated, followed by lipid extraction and transmethylation. Fatty acid methyl esters were analyzed by gas liquid chromatography.

To determine whether such stimulatory effects of these CLA isomers could also be observed with a different cell type, the interaction of the CLA isomers with human endothelial cells after enriching the endothelial cells with these fatty acids was examined.

#### Example 4

The following example illustrates the effect of CLA incorporation on 6-ketoPGF<sub>1a</sub> production from CLA-enriched HUVECs. Following the procedure

described by Bordet (1990), IL-1 $\beta$ -treated HUVECs were first pre-enriched during an overnight incubation with human serum albumin (HSA) complexed with either 25  $\mu$ M 9Z, 11Z-CLA/HSA, 25  $\mu$ M 10E, 12Z-CLA/HSA or without added fatty acid (control). These isomers were chosen as the 10E, 12Z-CLA, but not 9Z,11Z-CLA isomer, was an effective inhibitor of HUVEC 6-ketoPGF<sub>1a</sub> production. Insignificant differences in cell viabilities (as measured by LDH release) were observed between control cells and cells pretreated with HSA/CLA. After washing, the cells were incubated for 15 minutes, followed by removal of the supernatants, which were then assayed for 6-ketoPGF<sub>1a</sub> content by EIA. In four separate experiments, control HUVECs produced and released 42-1000 pg/ml of 6-ketoPGF<sub>1a</sub>. When the HUVECs were prelabeled with 9Z, 11Z-CLA, an 8-fold increase (range was 1.9-23 fold increase) in endogenous 6-ketoPGF<sub>1a</sub> formation was observed (relative to nonCLA-treated control) whereas the 10E, 12Z isomer was not quite half as effective (range was 1.5-7.5 fold increase, Table 3).

**TABLE 3**  
**CLA-prelabeling of HUVECs stimulates generation and release of 6-ketoPGF<sub>1a</sub>.**

CLA-prelabeled cells		HUVEC 6-ketoPGF <sub>1a</sub> formation fold-stimulation
9Z, 11Z ( $\mu$ M)	10E, 12Z ( $\mu$ M)	
--	--	1
25	--	8.1 $\pm$ 10
--	25	3.5 $\pm$ 2.7

The values are the mean  $\pm$  SD and are obtained from 4 separate experiments.

#### Example 5.

The procedure of Example 4 was used with different concentrations of 9Z, 11Z-CLA to pre-label HUVECs. The stimulatory effect on 6-ketoPGF<sub>1a</sub> formation of

using different concentrations of 9Z, 11Z-CLA to pre-label HUVECs is shown in Figure 2. The values in Figure 2 are the mean  $\pm$  SD from 3 - 4 separate experiments.

The unusual enhancement of TXB<sub>2</sub> in platelets and 6-ketoPGF<sub>1 $\alpha$</sub>  in HUVECs as a result of treatment with 9Z, 11Z-CLA may be due to an increased release of the precursor AA (Table 1) as a result of a possible stimulation of the platelet phospholipase. This result correlates with the decreased AA content in total fatty acids and in both PC and PE as a result of incorporation of 9Z, 11Z-CLA into platelets (not shown). In fact, this decrease in AA content is an order of magnitude greater than the increase in esterification observed with the 9Z, 11Z- CLA isomer, so that CLA has not simply replaced the AA.

In summary, the findings indicate that incorporation of certain CLA isomers into cellular lipids can lead to *stimulation* of release of cellular arachidonic acid and enhancement of prostanoid formation. Thus, (1) incorporation of 9Z, 11Z-CLA into platelet lipids resulted in a 2-5 fold stimulation of arachidonic acid release as well as a 2-4 fold stimulation of thromboxane A<sub>2</sub> production as assayed by its inactive metabolite thromboxane B<sub>2</sub> and (2) incorporation of 9Z, 11Z-CLA (and to a lesser extent, the 10 E, 12Z-CLA isomer) into HUVECs resulted in a 8-fold stimulation of prostacyclin production, as measured by its stable metabolite 6-ketoPGF<sub>1 $\alpha$</sub> ;

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The references mentioned earlier are more fully identified as follows:

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The purpose of the above description and examples is to illustrate some  
embodiments of the present invention without implying any limitation. It will be  
apparent to those of skill in the art that various modifications and variations may be  
made to the composition and method of the present invention without departing from  
the spirit or scope of the invention. All patents and publications cited herein are  
incorporated by reference in their entireties.